



Focused hands-on skills development leading to proficiency in ultrasound guided needle placement.

## **SCHEDULED DATES 2024**

April 13, May 11, June 15, July 20, Aug 17, Sept 7, Oct 19, Nov 23, Dec 21 Classes are 10 A.M. to 2 P.M.

## **FORMAT**

- 4 hours focused on hands on training.
- Scheduled or Private (minimum 4 attendees/maximum 10).
- Dedicated location with a range of ultrasound machines.
- Advanced simulation and real time ultrasound scanning with the latest in needle guidance technology.
- Block and procedure specific simulation workshops on request.

## VALKYRIE ACADEMY

81 War Memorial Drive, Suite C Berkeley Springs WV 25422

# \$350 (LIMITED TIME, TAKE HOME FREE SIMULATOR)







### **OBJECTIVES**

- > State the fundamentals of ultrasound physics and demonstrate appropriate optimization for system controls.
- > Demonstrate image orientation, transducer preparation, and scan protocols for scanning with ultrasound.
- > Perform image adjustments for optimal success and understand doppler fundamentals.
- > Recognize appearance of key anatomy under ultrasound.
- Acquire skills to guide a needle with ultrasound both in-plane and out-of-plane with confidence to an identified target.

## **AGENDA**

## Session 1: How to operate an ultrasound machine & optimize the image.

- Understand ultrasound technology and the science behind it.
- > Develop comprehensive understanding of device settings for optimal results.
- Achieve skills to fine-tune settings, enhancing ultrasound imagery.
- Master the core transducer manoeuvres and scanning techniques for optimal image acquisition.

# Session 2: Essential transducer manoeuvres and object recognition.

- Recognize the ultrasonographic appearance of structures relevant to regional anaesthesia & Ultrasound Artifacts.
- > Confidently identify nerves, fascicles, tendons, blood vessels, bone, muscle, and fascial planes.
- Recognize the most common ultrasound artifacts.

# **Session 3: Needle Techniques**

- Master the techniques to guide needles both in-plane and out-of-plane, ensuring precise targeting every time.
- Master probe cover usage and catheter placement.

### Session 4: Hands On



Hands on practise of all simulators.



